

## Old Roman Apostolate

### Internal Formation Guide



#### Purpose of this Guide

This guide exists to form and unify the clergy and faithful of the ORA in the visible, intentional, and charitable living out of the Traditional Catholic Faith. In a time of widespread error and disorientation, our conduct must reveal the fruitfulness of Tradition, not merely preserve it.

#### I. The Witness of Daily Devotion

Traditional Catholic life is not defined only by what we believe and how we worship, but by how we live. Every member of the Apostolate must strive to live visibly devout lives, marked by:

- Personal Prayer: Daily mental prayer, morning and evening prayers, the Angelus, and spiritual reading.
- Liturgical Devotion: Attendance at the Traditional Mass as often as possible; praying the Divine Office in whole or part.
- Sacramental Life: Frequent Confession, worthy reception of Holy Communion.
- Marian Piety: Daily Rosary, First Saturday devotion, scapular or medal.
- Sanctification of the Home: Sacred images, family prayer, Sunday rest.

#### II. The Conduct of Clergy

Clerics of the ORA must be both shepherds and models of the life they preach. Their conduct is central to the Apostolate's credibility and mission.

- Liturgical Integrity
- Moral Consistency
- Availability and Fatherhood
- Pastoral Charity
- Visible Simplicity

Clerics must correct error and defend Tradition, but from a place of prayer, humility, and zeal-not frustration or pride.

### **III. The Role of the Laity**

Faithful lay members of the ORA must be apostles in the world:

- Consistency of Life
- Evangelical Example
- Apostolate at Home
- Discretion and Prudence

They must resist becoming mere critics of the post-conciliar Church. We build the future by living the faith, not by rehearsing its enemies' errors.

### **IV. Presenting the Cause of Tradition**

Our task is not to win arguments but souls. When speaking of the Apostolate's mission:

- Be clear and positive
- Be charitable
- Be rooted
- Be ready to suffer

The measure of our success is not immediate acceptance but enduring witness.

### **V. Conclusion: The Apostolate as Leaven**

The ORA is not a refuge from a broken Church-it is a leaven within her. Through fidelity and visible sanctity, we offer the Church a vision of Catholic life that is whole, radiant, and peaceful.

"This is the will of God, your sanctification..." (1 Thess. 4:3)